



St Bernadette's Primary School Newsletter

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Term 4, Week 2

Thursday 19 October, 2017

ACTIVITIES FOR TERM 4 WEEKS 3 & 4

UPCOMING EVENTS

Tuesday, 24 October

Year 5 & 6 excursion ANSTO

Wednesday, 25 October

Linda's Lunches

Kindergarten Transition

Personal Development
Information Night 7:00pm

Friday, 27 October

Student Banking 8:30am

Year 4 Mass and
Reconciliation

Busking Afternoon
2:00pm - 2:50pm

Monday, 30 October

Kindy Excursion Calmsley Hill

P&F Meeting 7:30pm

Wednesday, 1 November

Linda's Lunches

Swimming Carnival
Baulkham Hills

Friday, 3 November

Student Banking 8:30am

Whole School Mass 9:00am

Canteen - French Food

REMINDERS

Friday, 20 October

School Banking 8:30am

Year 5 Mass & Reconciliation

Dear families of St Bernadette's,

Welcome back to school for Term 4. I hope that all our families had a relaxing time enjoying each others company, a slower pace of life and the beautiful weather that we were afforded throughout the two weeks of the holidays.

Last week students from the Student Representative Council, Ariane N, Leah N and Nicholas C represented St Bernadette's at the Diocesan Mission Mass in Parramatta Cathedral. This was an opportunity for us to come together with schools across the diocese to pray for the needy and less fortunate.

Next week our children will be raising money for the Manning Foundation and Catholic Mission Australia. Our Busking Afternoon is a real example of how our students and families can enact their faith through action. So we hope you can join us during this fun and worthwhile social justice event.

Wishing you God's blessings

Mary Ann Gatt-Petrini
Principal



**Our attendance
percentage to date is:**
89.1%



**School success starts
with attendance**

LITURGY ROSTER

<u>MASSES</u>	<u>Friday 20 October</u> Justine M, Christian P, Lucas R (Class Mass Year 5)	<u>Friday 27 October</u> Riley C, Emily H, Liam M (Class Mass Year 4)	<u>Friday 3 November</u> Sophia N, Nicholas C, William H, Jeremy F, Xavier R, Matias C (Whole School Mass)
<u>WEEKEND ALTAR SERVERS</u>	<u>Saturday 21 October</u> 6:00pm Daniel M, Rick A, Riley C	<u>Saturday 28 October</u> 6:00pm Bartosz L, Justine M, Isabella E	<u>Saturday 4 November</u> 6:00pm William H, Jessica E
	<u>Sunday 22 October</u> 8:00am Jessica E, Matias C	<u>Sunday 1 October</u> 8:00am Brandon N, Rick A, Matias C	<u>Sunday 5 November</u> 8:00am N/A
	<u>Sunday 22 October</u> 9:30am Jonathan F, Jeremy F, Nicholas C, Sam F	<u>Sunday 1 October</u> 9:30am Daniel M, Lucas R	<u>Sunday 5 November</u> 9:30am Xavier R, Liam M

RE NEWS

SUNDAY SCRIPTURE PREVIEW

Sunday, October 22 2017: *Twenty-ninth Sunday in Ordinary Time - Year A*

Mt 22:15-21

Give to Caesar the things that belong to Caesar and to God the things that are God's.

In next Sunday's Gospel the Pharisees were out to trap Jesus, as either a "Yes" or a "No" would be the wrong answer. But of course Jesus was aware of their thinking and of the trap they laid for him. His answer "Give back to Caesar what belongs to Caesar – and to God what belongs to God", would have confounded them and sent them away to think of other ways to trap him. Of course Jesus' answer really was the simplest and concise zealot argument and was always enough for the authorities to label him a bandit/zealot! Sometimes it is hard to discern what God is asking of us and while we can ask God in prayer for guidance, it is not always easy to know the answer. How many times have we wished that the answer was clearer? The second part of the answer – "give to God what belongs to God" is perhaps the harder part to know. What do we have that belongs to God? Well, everything! All that we have comes from God. So how do we give all back to God? We are made in the image of God – therefore we belong to God. Jesus was right in saying that the coin belongs to Caesar as it has his stamp and name on it but all else, that is, the Land, belongs always to God as all else has God's name and stamp on it! © SVDP Goodworks September-December 2017



WORLD MISSION MONTH 2017

World Mission Day is celebrated every year in every country wherever there are Catholics committed to building a better world for all of God's people, a world where everyone has all they need to live a dignified and fulfilling life. It is the day on which we reflect on the urgency to proclaim the Gospel in our times.

SOCIAL JUSTICE AT ST BERNADETTE'S - BUSKING AFTERNOON

October is World Mission Month and as part of our Social Justice, outreach program we will be holding our annual Busking Afternoon to raise money for the Manning Foundation and Catholic Mission Australia.

The Busking afternoon will be held on Friday October 27 - 2:00pm - 2:50pm.

The Busking afternoon entry fee is 10c per person.



OUR LADY OF FATIMA 100 YEAR ANNIVERSARY

As a whole school community we came together last Friday, October 13 to celebrate the 100th anniversary of the apparitions of Our Lady to the three shepherd children at Fatima, Portugal, where the Blessed Mother appeared once each month from May 13 until Oct. 13, 1917. At the conclusion of this prayer, all families were given a set of Rosary beads and a 'Holy Rosary' booklet. We thank Mrs Lauren Chehade for arranging the collection of the Rosary beads and booklets. October is the month of the Holy Rosary and the best way to honour Our Lady is to do what she asked of us when she came to Fatima, to pray the Rosary.



PRAYER FOR HSC STUDENTS

Today, let us especially pray for our young people as they continue the HSC.

God we ask that they especially feel your closeness
during the HSC exam period.

Give them calm hearts and quiet confidence
in the knowledge that you hold them in the palm of your hand.

Bless them with keen understanding and retentive memory.

Give them the ability to grasp things correctly,
be exact in their explanations

And an ability to express themselves clearly.

Point out the beginning, direct their progress
and help in them in the completion
of each of their responses.

Holy Spirit send them your gifts of wisdom and knowledge

We ask this through Christ our Lord,

Amen



The Dellas Family (Chloe), following the recent
passing of her great grandfather.

Our sympathy is also extended to
Mrs Hala Haddad (Financial Secretary)
on the passing of her grandfather.

May God hold them in the palm of his hand.

May they rest in peace.

Our congratulations to the Raish Family (Lucas & Ryan)
on the birth of Michaela.

Congratulations also to the Nakhoul Family (Jada & Tyana)
on the birth of Joshua.

Congratulations to Lu Family (Tracey)
on the birth of Sherry.

Our best wishes to all these families!!



New Baby Congratulations

MISSION MASS

On Friday 13th October, Leah, Ari & Nicholas C ventured with Mrs Elliott to St Patrick's Cathedral to attend the Mission Mass. When we got there, there were stalls set up which were informing us about what other schools did for Mission Week., such as blankets for the poor, food hampers for the homeless and clothes made out of pillow cases which were sent to Africa etc.


Fr Christopher De Souza (Vicar General) said the Mass in the absence of Bishop Vincent Long who was in Victoria. He said the Mass beautifully and the choir children were amazing. The girl who sang the Responsorial Psalm was outstanding. Over 420 students and teachers attended the Mass. Afterwards we had a sandwich and returned to school.



SCHOOL NEWS

TERM 4 DATES FOR 2017		SPORT DAYS	
1 Nov	Primary Swimming Carnival	Kindergarten, Year 1, Year 2	The children need to wear their sports uniform on the following days
3 Nov	Whole School Mass		Tuesday & Thursday
17 Nov	K-2 Fagan Park	Year 3	Thursday & Friday
8 Dec	End of Year Graduation Mass	Year 4	Monday & Thursday
13 Dec	Year 6 Dinner Dance	Year 5	Tuesday & Thursday
14 Dec	Last day for students	Year 6	Monday & Thursday
15 & 18 Dec	Staff Development & Pupil Free Days		

Please note: Due to the Busking Afternoon on Friday 27 October, there will be no assembly next week. Assemblies, however, will continue every fortnight beginning Friday 10 November.

PRINCIPAL'S AWARD			
KINDER Elena M	YEAR 1 Stevania F	YEAR 2 Tracey L	YEAR 3 Brandon N
			
YEAR 4A Jeremy F	YEAR 4L Dylan H	YEAR 5 Jerome B	YEAR 6 Marissa N

SCHOOL UNIFORM

Children are to wear their school hats when playing on the playground. **Please note that all children should be wearing black school shoes and not joggers with their Summer School Uniform.** Girls should wear short white socks and boys short grey socks with this uniform.

ARE YOU MOVING?

Please notify the school if your child is leaving St Bernadette's at the end of the year from grades other than Year 6.

ATTENDANCE

Every Learner, Every Day, All Day! This week our attendance is slightly below our goal of above 90% attendance and it's only the second week of the term - I'm sure we can do better.

DANCE FEVER

The Dance Program began this term. Please ensure that your child's Excursion Fee is paid to cover the cost of this program. The children will display their dancing skills at the Family Fun Day on Saturday, 11 November.

STUDENT LEAVE

Parents are requested to complete an Application for Extended Leave form for absences of 5 days or more. This form is available on our website and in our office. Please submit this form together with a copy of your travel documentation at least three weeks prior to the proposed leave date.

KINDERGARTEN TRANSITION PROGRAM 2018

Children, who are enrolled to come to our school next year, are encouraged to attend this program. Our next session is scheduled for Wednesday, 25 October 10:00am. During this time, children will be shown what "big school" is like.

Last week, we had the Kindergarten Orientation Evening. I would like to thank Beth Nilan, Mary Elliott, Lisa Gerrard, Anthony Kensell and Maria Sadler for presenting information to our 2018 Kindergarten parents.

SAFETY

Sadly you may have heard that there have already been two children hurt in car accidents around schools this term. At the beginning of this term information to families was distributed stating rules and regulations to keep everyone safe. In the interest of safety please remember not to do any U Turns near the school. Please adhere to the times and instructions displayed on signs as police and rangers who patrol the area, will impose infringements.

We trotted down stairs happily to play on the treehouse, Except when we went on it there were 3 colossal eggs, the infants started wailing and scampered away. **Lauren C**

It is done. We finally mapped out the genetics of animals and learnt how to change them. We can finally create lost animals. We went from a chicken to one with a dinosaur mouth to a dinosaur.' **Timothy G**

'Bang, clunk, thump. Sounds of hammers banging iron. Clouds pegging water at us, still we work like builders. Tomorrow we will crack the eggs if there is a turkey, thanksgiving feast. If its yolk a thanksgiving feast.' **Jerome B**

'Everyday I come to school and me and my friend go to the egg nest and try to solve the mystery of the eggs! We find a little tag on the edge of the cage of the nest, and it says that these eggs will hatch in 2 weeks!' **Leah N**

'As the eggs crack open, beams of light illuminate the dull world and three unicorns merge into one unicorn. It's silky flowing mane dances in the wind and it's sparkly eyes glisten in the thick storm.' **Justine M**

'Vines hanging over. Green luscious leaves and grass swish through my legs sending me a tickle down my spine. I cautiously walked until, I spotted a large footprint! I followed the trail like a detective.' **Erin B**

'I thought it was a myth, but it's real. It has huge teeth and claws. It has really scaly skin with big red eyes.' **Henry S**

'I open my eyes to a dark, slimy world. I spread my wings and attack the wall with my beak. I heard a high-pitched ringing sound followed by a loud CRACK!' **Liam E**

'The huge bulky turkey crushed the school. Look at those sharp, ferocious teeth and that dark green, slimy drool.' **Joshua T**

'Boom! an egg just blew up, i need to call a scientist. this could be enormous - I could have just witnessed something that no one has.' **Lachlan B**

'As I enter the school, I see an oversized nest with three enormous white eggs laying there. Throughout the day there were a lot of students crowding the tremendous mystery.' **Ricardo F**

'After minutes, that felt like hours Jacob had finally persuaded Joe into exploring the cave. The two were now in the middle of the cave when they bumped into amazing spotted eggs that were as large as an elephant.' **Isabel L**

'Sweat slowly dripped down her face as she nervously crept up the stairs. She popped her head around the door and her mouth dropped with amazement. **Angelique O**

'I see a river of people crowding around the museum. Suddenly I hear a loud scream coming from that direction.' **Anne-Maree E**

'They finally found a light that kept on flashing orange every 6 seconds. Every time it flashed the curious travellers has a chill down their spine.' **Bartosz L**

EXTRA CURRICULUM



Catholic Education
Diocese of Parramatta

2018 Team Sport Trials

Parramatta Diocese 2018 Information For Parents of **current Year 4** **and Year 5 students** – Registration window open only for Basketball & Tennis ONLY

Dear Parents,

Parramatta Diocesan Primary students enrolled in Year 5 and 6 in 2018 are invited to participate in the Parramatta Diocesan Team Sport Trials during Term Four in 2017 and Term One in 2018. It is important to note that these trials are generally for those children who display an above average ability and/or have representative experience in their chosen sport. While teams are open in age it is **strongly recommended that only children of a representative standard in years 5 & 6 in 2018 be invited to attend**. To facilitate this, Parramatta Diocesan trials will be held in the following sports:

Sport	Age Group	Trial Date	Registration closing date
AFL	Open boys & girls	Term One 2018	Friday 2nd February 2018
Basketball	Open boys & girls	14 th November 2017	Friday 27th October 2017
Cricket	Open boys & girls	Term One 2018	Friday 2nd February 2018
Diving	10/11yrs girls & boys & 12/13yrs girls & boys	Term One 2018	Registration via CSSS in 2018
Football (Soccer)	Open boys & girls	Term One 2018	Friday 2nd February 2018
Golf	Open boys & girls	Term Three 2018	Registration via CSSS in 2018
Hockey	Open boys & girls	Term One 2018	Friday 2nd February 2018
Netball	Open girls	Term One 2018	Friday 2nd February 2018
Rugby League	Open boys & 11yrs boys – NB. No State team selected for 11 yrs	Term One 2018	Friday 2nd February 2018
Rugby Union	Open boys	Term One 2018	Friday 2nd February 2018
Softball	Open boys & girls	Term One 2018	Friday 2nd February 2018
Tennis	Open boys & girls	20 th November 2017	Friday 27th October 2017
Touch	Open boys & girls	Term One 2018	Friday 2nd February 2018

To be eligible for selection for these trials an Online Team Registration Form must be completed that can be accessed via the website www.primarysportparra.catholic.edu.au ~ Click on "REP SELECTIONS" tab and scroll down to the SPORT you wish to register for and click on the "REGISTER" button below the heading "PDCPSSC Expression of Interest Registration Form". **Each sport has a different registration criteria.**

This online form is an **EXPRESSION OF INTEREST** for the 2018 Parramatta Diocesan Primary Sport Team trials. You may complete this form to attend a selection trial or if you have been selected in a representative squad or team. One form is to be completed per child, per individual sport and when completed, click SUBMIT.

Please note that your online registration is an **EXPRESSION OF INTEREST ONLY** and **MUST be approved by your child's school**. In order for your child to attend the nominated trial or event this may come down to the discretion of your school as to who is selected to attend the trial. In some sports only 2 students per school can be nominated. **Please complete all fields and especially "Representative Experience"**.

Your child's school will notify you one week prior to the trial date if your child is to attend to the Parramatta Diocesan trial for their selected sport by providing a trial information sheet.

Under no circumstances will a child be eligible to trial if the Online Registration Form has not been completed and approved by the school by the closing date.

\$8.00 trialling fee is payable on the day for after school trials & \$10.00 trialling fee is payable on the day for half day and full day trials.
– This is to be paid upon registration at the trials once your child has been approved to attend the Parramatta Diocesan Trials.

Please note that the full day trials will be for boys cricket, boys soccer, boys rugby league & boys rugby union.
Due to the popularity of boys cricket, boys soccer and girls netball a maximum of 2 children only are eligible to trial from each school.
Selection of the 2 boys and girls will be made jointly by the school sport coordinator and principal.

Half day trial for tennis and netball... all other trials will be held after school beginning at 4pm.

All correspondence to:

PDCPSSC

Aengus Kavanagh Education & Equity Centre

PO Box 215, Rooty Hill 2766

Tel (02) 9677 4314

Mobile 0408 278 918

mthornton@parra.catholic.edu.au

www.primarysportparra.catholic.edu.au

Facebook: Primary Sport Parramatta Diocese

MACKILLOP TRIAL

It should be noted that the main purpose of the Mackillop trial is to select a team to compete at the NSW PSSA Championships. The Inter-Diocesan MacKillop Trial is not a competition although a round robin format is often used to facilitate the selection procedure.

NSW PSSA CHAMPIONSHIPS

Children who are successful at being selected in the Mackillop team will compete at the N.S.W. P.S.S.A. Championships. These championships involve three or four days of competition at various locations in NSW. Children selected in these teams may also be required to attend training sessions. At the NSW PSSA Championships a State team will be selected to participate at the School Sport Australia Inter State Exchange for some sports.

SCHOOL SPORT AUSTRALIA

To be considered for selection in the NSW PSSA state team for participation at all School Sport Australia 12 Years & Under championships: Students must be turning between the ages of 10 and 12 in the year of competition i.e. Students turning the ages of 8, 9 and 13 in the year of competition are not eligible for NSW PSSA State selection.

Please note the following information:

- Parents are responsible for all transport and supervision arrangements and **must remain to supervise their child at the trial at all times.**
- Children need to generally be of representative standard.
- Attendance at training days, where applicable is compulsory.
- The selector's decisions are final.
- **Parents will need to make their own travel arrangements for children representing Parramatta at Inter-Diocesan MacKillop trials. This may mean travel to Sydney, Wollongong, Canberra, Wagga or Forbes.**
- Please be aware that the teacher conducting the trial and accompanying the team to the venue is a "Team Manager" ~ not a coach.

If you would like your child to participate in one of the Parramatta Diocesan trials please complete the Team Online Registration Form that can be accessed via the website www.primarysportparra.catholic.edu.au ~ Click on "REP SELECTIONS" tab and scroll down to the SPORT you wish to register for and click on the "REGISTER" button below the heading "PDCPSSC Expression of Interest Registration Form".

NOMINATIONS close Friday 27th October 2017 for the sports of Basketball & Tennis
and entries close Friday 2nd February 2018 for all other sports.

Kind Regards,

Margaret Thornton

Teaching Educator Primary Sport ~ CEO Parramatta

WEBSITE: www.primarysportparra.catholic.edu.au

The screenshot shows the PDCPSSC website interface. The main heading is 'Representative Selections'. Below it, there is a form titled 'Parramatta 2017-2018'. The form includes fields for 'Name', 'Age', 'Gender', 'Sport', and 'Email'. At the bottom of the form, there is a prominent blue 'REGISTER' button with a white play icon. A red arrow points from the text below to this button.



This is the message that appears once the registration has been submitted correctly and a NO-REPLY email should be received within 24 hours.

Click on "REP SELECTIONS" tab and scroll down to the SPORT you wish to register for and click on the "REGISTER" button below the heading "PDCPSSC Expression of Interest Registration Form".

P & F NEWS

St Bernadette's Primary School Friday 20 October 2017 DISCO!!

Infants Disco (K - 2) 5:00pm to 6:30pm

Primary Disco (3 - 6) 7:00pm to 8:30pm

Cost: \$6 (includes entry, snack, drink & toy)

You are invited to the School Disco to be held in the Hall.

Our theme this year is *Summer Time!*

Put on your bright and happy summer gear, hats and sunnies.

Due to safety issues, children are only to stay for their disco
(Infants 5:00-6:30pm and Primary 7:00-8:30pm) and no pre-schoolers or
other children will be allowed entry.

P&F Meeting

The final P&F meeting for the year will be on Monday, 30 October at 7:30pm.

We hope to see you there.

Canteen

French Food will be served in the canteen on Friday, 3 November.

More details to follow.

*Save
the
Date*

- Family Fun Day -
our End of Year Get Together
Saturday 11 November

**Family
FunDay**

ANGELICA C - 19/10
DANIEL J - 22/10
MOLLY C - 24/10
TYANA N - 26/10
HENRY S - 28/10
ANGELINA A - 31/10

RICARDO F - 31/10
ELLAT - 31/10
ANDREW N - 1/11

Happy Birthday

AROUND THE DIOCESE

Represent our Diocese: Share your Wisdom

Bishop Vincent Long OFM Conv is calling for greater participation of lay people through new advisory councils. Please consider nominating or encourage someone you know. Details, including the nomination kit, are available from parracatholic.org/advisorycouncils or by contacting Tanya from the Diocesan Ministry Centre on 02 8838 3460. Nominations close on Sunday, 5 November 2017.

Diocesan Liturgy Conference 2017: 4 November

The Diocesan Liturgy Conference will be held on Saturday 4 November at St Andrew's Parish, Marayong. The conference, 'Liturgy: The Living Presence of Christ' is an excellent opportunity to gather together as a Diocese and explore the Presence of Christ in Liturgy. Day includes a Keynote Speaker and various workshops including: Music and copyright, Bringing Christ to the Sick, Scripture and the Season of Advent, Sacraments of Initiation – a Field Perspective, organising a Mass-Ordos, Missals and Lectionaries. For more information go to: parracatholic.org/ofw or Office for Worship ivergano@parra.catholic.org.au

Pre-marriage preparation

The Life Marriage & Family Office in the Diocese of Parramatta has now launched an online booking system, allowing couples to enrol for pre-marriage preparation programs and to pay by credit card. Couples will be guided on the website to the most appropriate form of preparation, i.e., the Pre-Marriage Weekend Course (Friday evening & Sunday) or Prepare/Enrich, an individual couple preparation with face to face feedback sessions. Both preparations are designed to strengthen and enrich the couple's relationship and work on building a rewarding life together. Bookings may be made and dates chosen by visiting our website www.parracatholic.org/pmp

Grief to Grace – Healing the Wounds of Abuse

Grief to Grace – Healing the Wounds of Abuse is a spiritual retreat for anyone who has suffered degradation or violation through physical, emotional, sexual or spiritual abuse. The retreat will be held April 8th – 13th 2018. To request an application contact Anne by emailing info@griegtograceaus.org.au or phone 0407704539. For more information visit www.griegtograce.org

Positions Vacant in 2018 – Family Educators

Applications are invited for the position of Family Educator based in a number of systemic Catholic primary schools across the Archdiocese of Sydney. To see locations please go to <https://sydcatholicschools.nsw.edu.au> Click on Employment , Positions Vacant. Applications close October 27, 2017. For further information contact meredith.lemos@syd.catholic.edu.au

Jesuit Mission Golf Day: 26 October

The annual Sydney Golf Day is on 26 October 2017 at Manly Golf Course. Please join us for another fun day of golf and dinner in support of Jesuit Mission. The funds raised from the Golf Day enables Jesuit Mission to support our local Jesuit partners in 10 countries across Africa and Asia to deliver community and human development programs. These programs are designed to empower communities to live full and free lives. For bookings and queries, contact golfday@jesuitmission.org.au or (02) 8918 4109.



FUTURE SCHOOLS! FUTURE READY! WHERE TO NEXT?



COMMUNITY NEWS

The Parent Representative Council Diocese of Parramatta
welcomes

Mr Mark Holyoake

DIRECTOR OF ENTERPRISE – CATHOLIC EDUCATION DIOCESE PARRAMATTA

Term 4 PRC Meeting

Where: Diocesan Assembly Centre, Cnr Flushcombe Rd and Marion St, Blacktown NSW

When: 6:30pm for 7:00pm start

(PRC General Meeting will be held prior to our speaker session)

Register **FREE** at PRCParra on Facebook or at
<https://goo.gl/forms/m7vK9Tv210A0ogLf2>



Parents Representative Council
SUPPORT | CELEBRATE | EDUCATE



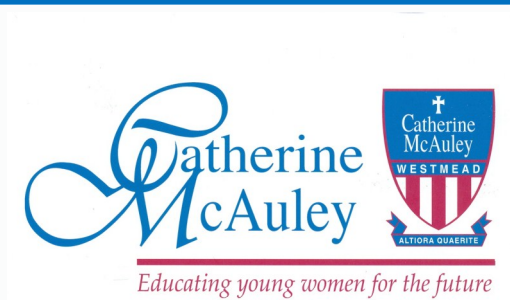


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HEALTHY - AFFORDABLE - CONVENIENT
www.tuckshop2u.com.au



www.floralexpressions.com.au

COMMUNITY NEWS



Catherine McAuley Westmead Enrolments for Year 7 2019

Catherine McAuley Westmead is now accepting enrolments for Year 7 2019.

The closing date for Year 7 2019 applications 1st round offers is
Friday, 6th April 2018.

Parents and their daughters have the opportunity to tour the school campus at one of our upcoming school tours specifically for Year 7 2019 applicants, but open to any year group.

Monday 6th November 2017

9:15am – 11:00am

These mornings will provide parents and students with the opportunity to tour our school on a normal school day. You will be able to view our school grounds and facilities, go into classrooms and meet our students and teachers. Enrolment packs will be available on the day.

Please contact our School Reception on 9849 9100
to book a place on a school tour.

Save The Date

The Catherine McAuley Westmead School Open Afternoon will be held from
4:00pm – 7:00pm on Tuesday 13th March 2018.

COMMUNITY NEWS

Mount St Benedict Centre

449d Pennant Road, Pennant Hills (Entrance via Hull Road)



Children's Meditation & Relaxation Workshop

Saturday 28 October 2017
1.30 pm - 4.30 pm

This fun workshop is for children aged 5-12 years, and aims to build a healthy body and mind. By teaching a variety of simple meditation techniques using breath and visualisation, creating mandalas and moving the body in a conscious way, children are encouraged to find that centre of stillness inside. This can help with anxiety, building confidence and understanding emotions. The presenters are experienced practitioners in the field.

Facilitators : Fiona Borland & Vicki O'Leary

Cost : \$ 30.00 per child
& \$25 for siblings

Bookings by : Monday 23 October 2017

9484 6208 or

mtstbenedict@goodsams.org.au

**DUNDAS AREA
NEIGHBOURHOOD CENTRE**

DRAMA CLASSES

ACTING | SCRIPTS | POETRY | VOICE | MOVEMENT | & MORE!

FRIDAYS

Lower Primary 3:30 - 4:30
Upper Primary 4:30 - 5:30
(starting October 20)

Head to www.stellarperformingarts.com
to book your place, or contact Brooke
at stellarperformingarts@gmail.com or
on 0439 718 828 for more information

CREATIVITY AND CONFIDENCE



australian girls choir
Join us in 2018

Is this your daughter?

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.

OPEN DAYS

Miranda (new location)
Beecroft and Waverley

Saturday October 28
Sunday October 29

Now accepting 2018 enrolments for school-aged girls at our rehearsal venues in:
Annandale, Beecroft, Dee Why, Kellyville, Miranda, Mosman, North Parramatta, North Ryde,
St Ives, Strathfield and Waverley.

aspa

australian school of performing arts

1800 338 142 | aspagroup.com.au